

Dear Doctor

As you may know, the introduction of broader health cover legislation in the private health insurance industry now allows health funds to provide their members with treatment options and programs that ultimately reduce or even avoid hospital admissions. Part of this legislation enables funds to provide programs that manage and/or reduce chronic diseases in members.

rt health fund has developed a program that assists members to proactively manage their chronic disease and/or risk factors, called health4life.

There are two variations on the program, one runs for six months (for less severe cases) and the other for 12 months (for more severe and/or complex cases). Both programs are delivered via telephone by registered nurses or specialist allied health professionals. They act as a case manager, and using motivational interviewing techniques, facilitate the development of goals and action plans for the member that will assist them to self-manage their condition/s.

We believe that GP involvement is crucial in the effective management and prevention of chronic disease. Our members may only access this program once they have provided us with this referral form from you. It lets us know that you are aware of our involvement in the management of their condition. Additionally, we believe that the GP is the most appropriate person to make a clinical assessment as to whether the program is appropriate for the member, and for which duration.

Thank you for taking the time to complete this form. If you have any questions, please contact our health services manager on 1300 886 123.

Take care and be well.

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