

Bringing health care to people at home means they're more likely to be *comfortable* and *relaxed*, which can improve recovery time and reduce the chances of secondary infections or relapse. And, it's great for morale too, as people enjoy a much better quality of life in familiar surroundings with family and friends nearby.

### *what's it all about?*

Our hospital at home program can help you to get home from hospital faster, or avoid a hospitalisation altogether, by providing you with 'hospital equivalent' treatment and follow-up care in your own home. The program is available for all kinds of treatments and post-procedure support. If it is possible to provide the treatments you need in your home, and if you, your doctor and the hospital agree that it is appropriate for you, then we can help. The objective is to bring the hospital to you, so you can concentrate on your recovery.

### *here's how it works*

If your treating doctor agrees that hospital treatment at home is right for you, then in consultation with your doctor and the hospital, our health services division will arrange for you to receive the services you need from registered practitioners who specialise in home-based care. During the program you might receive home visits from a range of different health service providers, including your doctor, nurses, physiotherapists and so on – all the same types of practitioners who would have looked after you in hospital.

The type and amount of visits you receive will depend on your condition and will be determined by your doctor. All the people involved in your home treatment and recovery planning will be experienced health service providers with specialist knowledge of home-based hospital care. Your condition will be constantly assessed and where necessary your recovery or treatment plan will be changed to accommodate your needs.

### *interested in finding out more?*

The hospital at home program is available absolutely free to rt members with any hospital cover who have served applicable hospital treatment waiting periods. If your doctor agrees that leaving hospital early (or avoiding it altogether) is appropriate for your situation, both you and your doctor will need to complete a referral and consent form.

**Call or email us for referral and consent forms or download them from our website**

**1300 886 123**

**help@rthealthfund.com.au**

**www.rthealthfund.com.au**

*contact us*

## Our commitment to helping you *be well, get well and stay well.*



**health4life** – helps people self-manage existing or potential chronic diseases (including asthma, diabetes, arthritis, heart disease and others).



**pregnancy, birth + beyond** – provides support from the time of conception until your baby's first birthday. Includes unlimited telephone and email access to midwives, information-packed pregnancy website and a special gift to welcome your new arrival.



**hospital at home** – offers an alternative to a hospital admission or enables you to leave hospital early and receive treatment in your own home.

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